



THE FORUM

Inside:
Hurricane Resources

November/December 2024 • Volume 23, No. 6 • The Official Magazine of Collier County Medical Society



Foundation of CCMS Golf Tournament Raises over \$22,000

In this issue:

Member News pg. 3; CCMS President's Message pg. 4; Hurricane Resources pg. 6; Foundation of CCMS Golf Tournament pg. 8; Functional Medicine Approach to Breast Cancer pg. 10; CCMS Alliance Update pg. 12; Foundation of CCMS Virtual Wine Pull pg. 13; CCMS Releases 2024-2025 Physician Directory pg. 13; Member Events pg. 14

CALENDAR OF EVENTS

Register at www.ccmsonline.org or call (239) 435-7727

Thursday, November 14, 11:59pm
Foundation of CCMS Wine Pull Deadline
ccmsfoundation.org

Friday, November 15, 6:30pm
CCMS New Members Welcome Reception
 Naples Grande Beach Resort

Wednesday, November 20, 12pm
CCMS Practice Administrators Webinar
 URL provided upon registration

Wednesday, December 4, 5:30pm
CCMS After 5 Social
 Naples Aesthetic Institute

Saturday, January 11, 6pm
CCMS Women Physicians Social
 CCMS Member Home

Friday, January 24, 6pm
CCMS After 5 Social
 Location TBD

Saturday, February 1, 10am
CCMS Family Day
 Great Wolf Lodge

Saturday, April 5, 8:30am
CCMS Women's Health Forum
 Naples United Church of Christ
Open to the public
Sponsor opportunities at ccmsonline.org

Premier Circle of Friends



Sunil Muley • 239-919-1361
sunil.muley@lmcu.org
 LMCU.org



Certified Public Accountants / Consultants

Karen Mosteller, CPA, CHBC • 239-261-5554
kmosteller@markham-norton.com
markham-norton.com

CCMS Member Dues

The 2025 CCMS dues deadline is Dec. 31, 2024.

Members (or their groups) can pay online today at ccmsonline.org/membership. Invoices will also be mailed directly to members who pay individually, or to practice administrators for group payment. Thank you for renewing!

Visit FixMedicareNow.org

- Learn more about the Medicare physician payment system and opportunities for reform
- Access resource material, including graphics and issue briefs
- Share your story via text or video message
- Contact your legislators
- Read news stories and see what others are saying

Visit often—new features are added regularly.

Scan to learn more

CCMS Board of Directors 2024-2025

President

Zubin Pachori, MD

Vice President
 Jose Baez, MD

Immediate Past President
 Gary Swain, MD

Treasurer
 George Brinnig, MD
 Officer/Director at Large
 Alexandra Grace, DO

Secretary
 Glenn Groat, MD
 Directors at Large
 Erik Hiester, DO, Sonal Sura, MD

Ex Officio Directors: April Donahue, Executive Director, CCMS, Lisa Muehlenbein, PhD, CCMS Alliance President, Yenlee Hernandez, MD and Dairon Lago, MD, Resident Physician Representatives

Views and opinions expressed in The Forum are those of the authors and are not necessarily those of the Collier County Medical Society's Board of Directors, staff or advertisers. Copy deadline for editorial and advertising submission is the 15th of the month preceding publication. The editorial staff of The Forum reserves the right to edit or reject any submission.

MEMBER NEWS

New Members:



Mustafa Akbielik, MD
Pulmonary Critical Care Medicine
NCH Medical Group
311 9th St N, Naples, FL 34102
Phone: (239) 624-8250
Board Certified: Internal Medicine



Linsey A Atchison, DO
Concierge Care Naples
1265 Creekside Pkwy Ste 200, Naples, FL 34108
Phone: (239) 566-1577
Board Certified: Internal Medicine



David Backstein, MD
HSS at NCH
1285 Creekside Blvd, Naples, FL 34109
Phone: (239) 624-1700
Board Certified: Orthopaedic Surgery



Jason R Dudas, MD
Hair Restoration Surgery
Aesthetic Surgery Center
1175 Creekside Pkwy Ste 100, Naples, FL 34108
Phone: (239) 594-9100 Fax: (239) 594-3054
Board Certified: Plastic Surgery; Facial Plastic and Reconstructive Surgery



Alex N Fernandez, MD
Lighthouse Pediatrics
3227 Horseshoe Dr S, Naples, FL 34104
Phone: (239) 449-9882 Fax: (239) 449-9884
Board Certified: Pediatrics



Amanda Lidgard, DO
Family Medicine Resident
FSU Family Medicine-Lee Memorial
2780 Cleveland Ave Ste 709, Ft Myers, FL 33901
Phone: (239) 343-3841 Fax: (239) 343-2301



Eduardo M Maristany, MD
Maristany Medical
324 Cross St, Punta Gorda, FL 33950
Phone: (239) 212-2022 Fax: (239) 567-3604
Board Certified: Internal Medicine



Carl E Orringer, MD
NCH Medical Group
399 9th St N, Naples, FL 34102
Phone: (239) 624-4200
Board Certified: Internal Medicine;
Cardiovascular Disease



Lirka Gonzalez Rodriguez, MD
NCH Medical Group
2450 Goodlette-Frank Rd, Naples, FL 34105
Phone: (239) 624-0222
Board Certified: Family Medicine



Justin M Rock, MD
Joint Implant Surgeons
1020 Crosspointe Dr Ste 110, Naples, FL 34110
Phone: (239) 337-2003 Fax: (239) 337-3168
Board Certified: Orthopaedic Surgery



Vince R Siebert, MD
NCH Rooney Heart Institute
399 9th St N Ste 300, Naples, FL 34102
Phone: (239) 624-4200 Fax: (239) 624-4281
Board Certified: Internal Medicine;
Cardiovascular Disease



Rachael A Venn, MD
NCH Medical Group
399 Tamiami Trl N Ste 300, Naples, FL 34102
Phone: (239) 624-4200 Fax: (239) 624-4241
Board Certified: Internal Medicine;
Cardiovascular Disease



Lori A Williams, MD
Northwestern Medicine Florida Medical Group
681 4th Ave N Ste 201, Naples, FL 34102
Phone: (239) 920-5700 Fax: (239) 920-5710
Board Certified: Internal Medicine

Reinstated:

Richard F Beatty, MD
Ophthalmology
Ginsberg Eye
77 8th St S, Naples, FL 34102
Phone: (239) 325-2015 Fax: (239) 325-2014

Practice Updates:

Elizabeth A Arguelles, MD
Magnolia Breast Center
3530 Kraft Rd Ste 202, Naples, FL 34105
Phone: (239) 758-7465 Fax: (239) 345-7979

Joanna K Chon, MD
Advanced Urology Institute
1035 Piper Blvd, Naples, FL 34110
Phone: (239) 465-4157 Fax: (239) 354-7603

A Message from the CCMS President

Zubin Pachori, M.D., Board President



Once again, we have had a very active hurricane season in Southwest Florida. Hurricanes Helene and Milton caused widespread damage and disruption to our community. But once again, our medical community has stepped up to the challenge. Physicians in offices continued providing patient care and meeting their needs before and after the storms.

Our hospital systems locked in to continue critical services and took in patients from areas that were more severely affected by the storms. Even when we were personally affected, physicians helped lead the way.

Thankfully, damage to Collier County was not as extensive as other parts of the country. And as our local meteorologists keep loving to remind us, hurricane season continues until November 30th, so this would be a good opportunity for us to review our hurricane plans for ourselves and with our patients. A good list of resources to get you started is on pages 6-7 of this issue.

Despite the hurricanes, we have a full schedule planned for this fall and winter. We recently held the ever-popular Foundation of CCMS Docs & Duffers charity golf tournament, with lots of great golf, camaraderie amongst attendees, raffles, and funds raised for the Foundation and its scholarship programs. Check out the event recap on page 8. I encourage everyone to also participate in the Foundation's Virtual Wine Pull this fall, a great opportunity to get some holiday shopping checked off your list. You can learn more on page 13 and register at ccmsfoundation.org.

CCMS also held our inaugural trial run of a Men's Health Forum on October 19th at NCH, chaired by CCMS immediate past president, Dr. Gary Swain. This free event for the public featured 17 CCMS member speakers, plus moderators Dr. Swain and Dr. Jose Baez, sharing their knowledge and expertise with over 50 attendees from the community.

We also have the upcoming New Members Welcome Reception at Naples Grande Beach Resort on November 15th, a CCMS After 5 Social on December 4th, the CCMS Women Physicians Winter Social on January 11th, and the CCMS Family Day at Great Wolf Lodge on February 1st. Register now at ccmsonline.org/events as these are some of our most popular and well-attended events, and keep a lookout in your emails for all our event invitations.

With the upcoming elections, the CCMS PAC has also been hard at work championing physicians and the doctor-patient relationship. The two school board candidates the PAC supported in the August Primaries were already elected with no need for a run-off in this month's General Election – Erick Carter and Stephane Lucarelli. The PAC also contributed to the campaigns of Burt Saunders for County Commission and Yvette Benarroch for State House. At the time of writing, we do not yet know the outcome of these races. I hope everyone had a chance to get out and vote this year, and I encourage you to consider joining the PAC for 2025. You can pay with your member dues, or visit ccmsonline.org/membership.

The Collier County Medical Society Alliance also continues to grow its membership and events throughout the year, such as the Costumes and Cocktails for a Cause, which has quickly turned into a favorite gathering. That event took place October 26th and raised funds for the CCMSA Foundation's Dr. Ethyl Trygstad scholarship for high school seniors pursuing a career in the medical field. We also thank the Alliance members who frequently volunteer at our events and helped out at the CCMS Men's Health Forum and Foundation of CCMS golf tournament. Learn more about the Alliance's recent activities on page 12.

Our membership continues to be healthy and growing with our last count of total members being 768. Membership dues invoices are arriving this fall/winter, so please be on the lookout for those. If you were unduly affected by the recent hurricanes, please reach out to the office and accommodations can be made. Thank you to all of you for your participation as members this past year, which supports our mission: to serve the needs of our physician members so they can better serve the needs of the community.

Physician Wellness Program

Featuring confidential, convenient, cost-free access to psychological services for CCMS members.

Supported by:

SWFPA
Southwest Florida Physician Association

More Information: ccmsonline.org/physician-wellness
Confidential Appointment Line: 239-208-3984



CCMS NEW MEMBERS WELCOME RECEPTION

11.15.2024 6:30PM
Naples Grande Beach Resort

PROGRAM OVERVIEW:

New CCMS members will be recognized for participating in our local medical society. Enjoy heavy hors d'oeuvres, cocktails, and mingling with your new CCMS colleagues. Complimentary for CCMS physician members and one guest each, as well as CCMS Circle of Friends vendors (two attendees per company). Weather permitting, this is an outdoor event ~ Cocktail attire suggested.

REGISTER BY
NOV. 11TH:

-  ccmsonline.org/events
-  info@ccmsonline.org
-  (239) 435-7727



CCMS Post-Hurricane Resources Directory

Collier County Medical Society



We at CCMS are thinking of all who are affected by Hurricanes Helene and Milton this year. Please review the resources in this directory for local, state, and federal programs to assist in recovery efforts and to add to your hurricane preparations packet. This list will also be maintained online

at ccmsonline.org/hurricane-2024.

CCMS Members who need assistance locating housing, office space, supplies, vehicles, or funding for office damage, or members who can help with any of these, may email details to april@ccmsonline.org or call (239) 435-7727. The private Facebook groups for physicians and practice administrators are also good resources: fb.com/groups/swflphysicians and fb.com/groups/ccmsPracticeAdmin.

CCMS Physician Wellness Program

ccmsonline.org/physician-wellness | (239) 208-3984

Confidential, convenient, cost-free access to professional psychological services for all CCMS physician members.

Volunteer and Donate – Disaster Ready Collier

disasterreadycollier.org

Trusted donation options

Collier Resource Center

(239) 434-2030

Connects you to the agencies that can help

Red Cross Disaster Distress Helpline

(800) 985-5990

Salvation Army

salvationarmyflorida.org/naples | (239) 775-9447

Financial Assistance: (239) 210-4009 (by appointment only).

Housing and Homeless, Food Pantry

State Assistance Information Line (SAIL)

(800) 342.3557

Up-to-date information regarding Hurricane Ian

United Way 211

211.org | Dial 211

Partnerships with 37 local nonprofit agencies to get resources where they are needed most during and after crisis

Disaster Mental Health Resources

floridadisaster.org/dem/recovery/disaster-mental-health-resources

Helplines and resources for coping with disasters

Collier Cares

colliercares.org/cc/page/hurricane-resources

Lists a variety of support options including food and supply resources

FMA/Emerald Coast Medical Association's Hurricane Recovery Video Series and Transcripts

<https://bit.ly/3F2J6Mv>

Videos include “Beware of predators bearing clipboards,” “Finances and avoiding scams,” “Wind vs. flood,” “Estimates and adjustors”

IRS Tax Relief

<https://bit.ly/48evj1S>

Hurricane victims in FL qualify for tax relief

FL Short Time Compensation for Employers Program

<https://bit.ly/3CNNqMK> | (850) 921-3253

Temporary alternative work style to assist employers in keeping their workforce intact

American Academy of Family Physicians post-disaster checklist

<https://bit.ly/3gscjpI>

Issues to consider in the event a practice is severely damaged or destroyed

Collier EDO Business Resources

collieredo.org/hurricane-business-assistance

Collaboration between the Greater Naples Chamber of Commerce and the Collier County Office of Business and Economic Development

Disaster Assistance - SBA Disaster Loan

sba.gov/funding-programs/disaster-assistance

Businesses of all sizes located in declared disaster areas, private nonprofit organizations, homeowners, and renters affected by declared disasters

Physicians Helping Physicians During Natural Disasters

minck-law.com/post/physicians-helping-physicians-during-natural-disasters

Office sharing contract tips

FEMA Disaster Assistance/Funding

disasterassistance.gov | Download APP: FEMA app (smartphone)

| (800) 621-3362

Assistance such as grants for temporary housing and home repairs, low-cost loans to cover uninsured property losses, and other programs to help individuals and business owners recover

Transitional Sheltering Assistance

fema.gov/fact-sheet/transitional-sheltering-assistance

For hotel and motel costs

Continued from page 6

Florida Housing Search

floridahousingsearch.org | (877) 428.8844

Free, statewide housing assistance search platform to help locate an affordable rental property

State Housing Initiatives Partnership (SHIP)

floridahousing.org

Recovery assistance available to help with temporary relocation, rental assistance, debris removal, and/or home repairs

Expedia Emergency Accommodations Module

expedia.com/Florida

Real-time hotel availability to impacted travelers throughout the state

Crisis Cleanup

crisiscleanup.org/about | (800) 451-1954

Find help cleaning up or help others clean up

Post Hurricane recovery rebuilding and permitting information

<https://bit.ly/3Yx52Zk>

Links to the requirements and exceptions for permitting and other rebuilding needs

Continued from page 3

Precision Healthcare Specialists

Arturo Balandra, MD

15420 Collier Blvd 2nd Fl, Naples, FL 34120

Phone: (239) 434-8565 Fax: (239) 799-4955

David K Ornstein, MD

311 9th St N Ste 200, Naples, FL 34102

Phone: (239) 241-9955 Fax: (239) 421-6110

Philip Wong, MD

1044 Goodlette Frank Rd N, Naples, FL 34102

Phone: (239) 799-1100 Fax: (239) 567-3673

Santiago H Chahwan, MD

New Address: 9935 Tamiami Trl N, Naples, FL 34108

Benjamin J Ditty, MD

New Address: 6101 Pine Ridge Ste 101, Naples, FL 34119

Adam P Skipper, DO

New Practice Name: OrthoCollier Fast Care

Lisette Delgado-Sanchez MD

New Phone: (239) 592-5864

New Fax: (239) 592-6214

Naples Heart Rhythm Specialists

Directory advertisement correction:

Street number is "6376" for Pine Ridge location

James J Redinski, DO

Mark S Russo, MD

Vera M Stricevic, MD

Naples Nephrology, PA

New Practice Format: Membership-based practice system



Take that next step with a
trusted commercial lender.

Commercial loans with attention to the details.

Whether you're looking to expand your practice or buy new equipment, LMCU's experienced, local lenders will work directly with you on your schedule. We'll provide personalized solutions with competitive rates and flexible terms that meet your needs.

It all starts with a conversation.

 **LMCU**TM
Commercial Banking

LMCU.org/SunilMuley

Sunil Muley

(239) 919-1361

Sunil.Muley@LMCU.org



Foundation of CCMS “Docs & Duffers” Raises Over \$22,000

Foundation of Collier County Medical Society

The Foundation of Collier County Medical Society recently hosted its 11th Annual “Docs and Duffers” charity golf tournament at Bonita Bay Club in Bonita Springs. The fundraising event on October 5th, though concluding early due to rain, raised over \$22,000 in net proceeds. Our supporters, including 115 golfers, 19 sponsors, 38 prize donors, and 25 volunteers came together for an enjoyable afternoon of golf, contests, a tournament raffle, and an awards after-party.

“We appreciate all the contributions and participation from our golfers, supporters, and volunteers, especially this year as they braved inclement weather,” said Dr. Rolando Rivera, Foundation board chair. “Their continued generosity is critical to raising funds for future medical professionals and supporting our community’s healthcare.”

After refreshments and a few practice swings, the scramble-format tournament started at 1pm. Golfers played on the Bonita Bay Club’s beautiful Marsh course with complimentary on-course beverages, exhibitor treats, and a variety of hole contests throughout the day. Congratulations to the tournament winners:

- First team: Life in Naples golfers Reg Buxton, Scott Blackburn, Ron Stamerro, Tyler Stamerro
- Second team: Verita Wealth Advisory Group golfers Jeremy Darstek, Anderson Darstek, Carson Felts, Preston Colo

Money raised from the event will provide scholarships to future medical professionals and funding for local healthcare programs in need. For example, the Foundation has provided over a quarter of a million dollars in scholarships in the past 10 years, including the Dr. William and Nancy Lascheid Memorial Scholarship for Medical Students and additional healthcare scholarships. Scholarship applications for 2025 will be available at ccmsfoundation.org in December 2024.

Golf tournament supporters included Hole-in-One Sponsor Porsche Naples and Eagle Sponsors Advanced Urology Institute and CARE Risk Retention Group. A link to the full list of sponsors and supporters is online at ccmsfoundation.org/#golf and photos from the tournament are posted at fb.com/ccmsfoundation.

The Foundation’s 12th Annual Docs & Duffers will be held in the fall of 2025. More information will be available at ccmsfoundation.org.

Spotlight on our Docs & Duffers Sponsors:

Hole-In-One Sponsor

PORSCHE

Porsche Naples

Eagle Sponsors



Birdie Sponsors

Catherine Kowal MD and Suyien Zhaz-Leitner MD
Rheumatology

HUB International/Gallagher Benefit Services

Naples Concierge Healthcare

Naples Plastic Surgery

Naples Rheumatology PLLC

Neighborhood Health Clinic

Physician Facilitator Services

Precision Healthcare Specialists

Radiology Regional

Verita Wealth Advisory Group/Ameriprise Financial

In-Kind Sponsors

Life in Naples

Markham Norton Mosteller Wright

Hole Sponsors and Supporters

JK Technology Solutions

SimonMed Imaging

PBS Contractors



A Supportive Functional Medicine Approach to Breast Cancer Treatment and Prevention

Lina Sakr, MD, CCMS Member, Naples Center for Functional Medicine



Breast cancer prevention and treatment requires multiple approaches, including regular screening; monthly self-exams; annual clinical exams with a primary care provider or OB-GYN, including mammograms; healthy lifestyle choices; and hormonal monitoring.

Many functional medicine practitioners take a 360-degree approach, looking at the disease's root causes while assessing risk factors to aid in early detection. The approach is to encourage patients to act before they start detecting symptoms. And if they find themselves among the one in eight women in the U.S. who will develop breast cancer in their lifetime, supportive, complimentary treatments are utilized alongside conventional medical treatments such as surgery, radiation, and chemotherapy.

Lab tests

An evaluation of estrogen detoxification – including genetic testing – can provide a better understanding of a patient's breast cancer risk.

Early detection of hormonal imbalances through specialized testing enables a practitioner to recommend specific lifestyle changes, which could include the use of dietary supplements to support healthier estrogen metabolism and breast health ([sciencedirect.com/science/article/pii/S002231662216102X](https://www.sciencedirect.com/science/article/pii/S002231662216102X)).

To ensure that hormone metabolism remains optimized for breast cancer prevention, monitor the progress of treatment and track changes to hormone metabolism to determine interventions when needed.

A comprehensive stool test can assess microbiome levels and detect the presence of gastrointestinal pathogens. Utilizing advanced DNA sequencing technology, physicians can test for high levels of Beta-glucuronidase, which indicates dysbiosis, or a microbial gut imbalance. Rising levels of Beta-glucuronidase have also been correlated with impaired estrogen metabolism ([pmc.ncbi.nlm.nih.gov/articles/PMC6901331](https://pubmed.ncbi.nlm.nih.gov/articles/PMC6901331/); pubmed.ncbi.nlm.nih.gov/37559394).

Dietary modifications

Dietary changes are often necessary to modify the estrogen metabolism into a safe pathway. If we're eating processed food, we're basically enhancing the multiplication of cancer cells.

A low-glycemic diet is one option. So is intermittent fasting,

which can lower the levels of glucose and insulin, which are necessary for tumor growth.

One promising approach is a ketogenic diet high in fat and low in carbohydrates. Some studies have shown ([ifm.org/news-insights/lifestyle-therapies-to-support-breast-cancer-treatment](https://www.ifm.org/news-insights/lifestyle-therapies-to-support-breast-cancer-treatment)) that a keto diet may improve the antitumor effects of conventional chemotherapy and improve quality of life. In addition, new evidence suggests a ketogenic diet also lowers the levels of glucose and insulin in the blood.

To support liver detoxification, boost the levels of organic green leafy vegetables, garlic, turmeric, and beets in the patient's diet. Increasing fiber intake while lowering alcohol intake is also advised. A whole-food diet rich in fruits, vegetables, lean proteins, and healthy fats is also recommended.

Other dietary recommendations include cruciferous vegetables like broccoli, cauliflower, and kale which contain indole-3-carbinol which is converted into diindolylmethane (DIM) in the body. DIM promotes the production of the protective 2-OH-E1 (2-Hydroxyestrone) metabolite, which is believed to stimulate detoxifying enzymes in the gut and liver (dmd.aspetjournals.org/content/49/8/694).

Lifestyle modifications

Regular exercise on a daily basis is linked to a decreased risk of cancer, with strengthening exercises to help maintain muscle mass while promoting fat loss and improving insulin sensitivity. Yet adult obesity rates remain above 35 percent in 23 U.S. states, the CDC reports.

As physicians, it's incumbent on us to reinforce this message of attainable, preventative steps, over and over again. That can include mindfulness practices such as meditation, yoga, and deep breathing exercises. Doing so can lower cortisol levels, which protect against hormonal imbalances. Chronic stress, on the other hand, raises cortisol, which can disrupt the estrogen levels balance and increase harmful estrogen metabolites.

Supportive Treatments

When it comes to supportive treatments for those with breast cancer, there's no single remedy. In functional medicine, the focus is on providing supportive, complementary treatments alongside conventional medical treatments such as surgery, radiation, and chemotherapy.

Each patient is unique, and we must consider their overall health, lifestyle and diet. This includes family history and environmental factors in search of the root causes.

Dr. Lina Sakr is a board-certified internal medicine physician at Naples Center for Functional Medicine with nearly 40 years of experience. She specializes in metabolic and nutritional medicine, anti-aging medicine, and women's health.

VETERAN OWNED AND OPERATED

Proud member of **CCMS**
COLLIER COUNTY MEDICAL SOCIETY

**THERE IS NO SUCH THING AS A STANDARD CONTRACT
LET LINDA TAKE A LOOK BEFORE YOU SIGN**

30 YEARS EXPERIENCE REPRESENTING PHYSICIANS IN:

- Business Law
- Physician and Mid-level Provider Contracts
- Buying & Selling Practices
- Starting or Joining a New Practice

M LINDA R. MINCK, PL
Attorney at Law

5629 Strand Boulevard • Suite 405 • Naples, FL 34110
p 239.248.7307 • f 239.260.5829 • Linda@Minck-Law.com • www.Minck-Law.com

Are You Ready for the New Year?

With the year-end approaching, it's the perfect time to get your practice's financials in order.

As proud members of the National Society of Certified Healthcare Business Consultants, **we offer tailored accounting and consulting services designed specifically for healthcare professionals.**

Our expert team is here to ensure your practice stays compliant, profitable, and ready for the new year.

Let us take care of the business side, so you can focus on what matters most—your patients.



Contact us today for your complimentary assessment.
(239) 261-5554 | Markham-Norton.com
5185 Castello Drive, Suite 4 | Naples FL | 34103

**Markham Norton
Mosteller Wright
& Company, P.A.**
Certified Public Accountants / Consultants

Doctors and Emerging Professionals Mortgage Programs

Homeownership made easy for you.

- Physician options with no down payment up to \$1 million and low-down payment options up to \$1.5 million
- Loans up to 97% LTV up to \$766,550 for lawyers and select medical professionals starting their careers
- No borrower-paid mortgage insurance required
- Ability to close on your loan before you begin your employment

Contact me today for more details.



Cynthia Valenti Smith

NMLS 718387
c - 401.862.4874
cynthia.valenti@regions.com

REGIONS



© 2024 Regions Bank. Member FDIC. NMLS# 174490. All loans subject to qualification, required documentation and credit approval. Certain exclusions may apply. Loan terms and availability subject to change. | Regions and the Regions logo are registered trademarks of Regions Bank. The LifeGreen color is a trademark of Regions Bank. [06/24]

CCMS Alliance Update

Lisa Muehlenbein, PhD, CCMSA Board President

The Collier County Medical Society Alliance (CCMSA) is delighted to share some of the wonderful events and updates we've had since the last newsletter in recent months.

We kicked off our new year with a **Physician Family Day Pool Party** on Sunday, August 25th, at the home of Dr. & Mrs. Angelo Babbo. This event, part of a long-standing tradition started by the **American Medical Association Alliance (AMAA)** to celebrate physician families, provided a great opportunity for members to connect. Although the weather was warm, everyone cooled off in the Babbo's beautiful new pool, making it a fun and refreshing day for all.

On Thursday, September 19th, we hosted an **Alliance Night Out** at TAP42 in Mercato, sponsored by the Florida Medical Association Alliance (FMAA). The evening was filled with camaraderie, great conversation, and delicious food in one of Naples' newest dining spots.

On Friday, **September 20th**, we gathered at Brio's Italian Grille at Waterside Shops for our annual **Fall Preview Luncheon**. Donna Messer from Greater Naples Leadership inspired us with information about the charitable work this organization is doing throughout our community, while FMAA President Ellie Paladine and President-Elect Ginger Allen shared insights into the important work being done at the state level. It was a motivating and informative luncheon that left us ready for the exciting months ahead.

In addition to these events, our **monthly book club** continues to be a great way for our members to unwind and connect over shared discussions on various books in a variety of genres.

As of this writing, we are preparing for our highly anticipated **Costumes & Cocktails for a Cause Halloween Party**. This event was a spooky success last year and we are planning another on **Saturday, October 26th** at the skydeck of Kalea Bay. Net proceeds from this event will benefit the **Dr. Ethyl Trygstad Scholarship Fund** through the CCMS Alliance Foundation, which provides scholarships for local high school seniors pursuing careers in the medical field. By the time you read this, we expect it to have been a howling success!

We are also in the process of organizing future **Alliance Nights (& Days!) Out**, focusing on events that cater to both couples and families. These events provide continued opportunities to build connections and foster deeper relationships with other medical families.

If you haven't joined the CCMSA yet, now is a great time! Membership is open to spouses, widows, widowers (if they have

not remarried outside of the profession), domestic partners, and physicians in residency. Physicians who are part of CCMS enjoy a reduced membership rate, while membership is free for physicians in residency or their spouses. To join, visit ccmsalliance.info or scan the QR code below. We'd love to have you as part of our vibrant Alliance!



**TO LEARN MORE ABOUT THE CCMSA,
OR TO JOIN TODAY, VISIT US HERE:**



Register Now for the Foundation of CCMS Virtual Wine Pull

Foundation of Collier County Medical Society

Register now through November 14th for the Foundation of Collier County Medical Society's Virtual Wine Pull Fundraiser, back by popular demand. This charitable event is open to the public and supports scholarships to future medical professionals and funding to local healthcare programs in need.

Each entry receives a bottle of wine with a retail value of \$50-\$100 from Three60 Wine, featuring the best wine prices in Southwest Florida and an expansive inventory of over 800 wines. The suggested contribution per entry is \$75, or 3 entries for \$200.

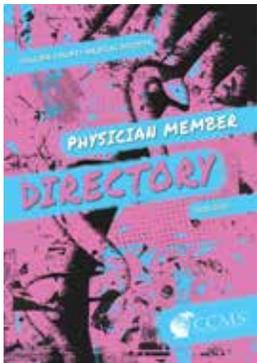
The random bottle "pull" takes place digitally and winners will be notified via email. The wine bottle prizes will be available for pickup at Three60 Wine, 8100 Trail Blvd, Naples from November 18 to November 23. Registrants should enter by end of day, November 14th online at ccmsfoundation.org, or call (239) 435-7727.

The virtual wine pull is presented by sponsors U.S. Bank Private Wealth Management. Learn more about the Foundation and its mission at ccmsfoundation.org.



CCMS Releases 2024-2025 Complimentary Physician Directory

Collier County Medical Society



This fall, Collier County Medical Society released its highly anticipated 2024-2025 Physician Member Directory, a guide to premier healthcare in Southwest Florida. This complimentary, comprehensive directory is a trusted resource for residents and visitors alike, providing essential information on the region's top medical professionals.

The CCMS Directory consists of over 600 actively practicing physicians across nearly 60 medical specialties ensuring easy access to a wide range of healthcare services. Each entry contains the physician's office location and contact information and highlights their specialties. The guide is updated yearly to incorporate pertinent information on various local, state, and federal healthcare programs, as well as allied healthcare services.

Complimentary copies of the CCMS 2024-25 Physician Member Directory are now available at Collier County Libraries or by contacting CCMS at 239-435-7727 to arrange a pick-up at their Naples office.

For up-to-date listings of actively practicing physician members, visit the CCMS online directory at ccmsonline.org/find-a-doctor. To update your listing, please contact CCMS at info@ccmsonline.org or (239) 435-7727.

The CCMS Directory is made possible by many advertising partners. Interested advertisers for the 2025-26 Directory can visit ccmsonline.org/support for details or contact CCMS.

Women Physicians Social Fall General Membership Meeting Men's Health Forum



Chris Tassin, Dr. Hillary Tassin



Dr. Eduardo Maristany



Dr. Marc Guttman, Dr. Bruce Roy, Dr. Jose Baez



Dr. Anne Marie Tremaine, Dr. Vivian Wong,
Dr. Sarah Eccles-Brown



Dr. Lirka Gonzalez Rodriguez, Dr. Todd Pezzi



Dr. Nicoleta Kakaes, Dr. Tameca Bakker,
Dr. Joanna Chon, Dr. Elizabeth Frederick,
Dr. Zanetta Lamar, Dr. Karen Larson, Dr. Kae Ferber



Dr. April Fetzer, Dr. Prathima Moorthy



Dr. Lisette Delgado Sanchez, Diana Perez-Charton
APRN



Dr. Heather Pontasch, Dr. Daniela Burchhardt,
Dr. Kathryn Russell, Dr. Sonal Sura,
Dr. Nancy Tarbell, Dr. Ariel Pollock



Dr. David Backstein



Dr. Jose Baez, Dr. Zubin Pachori



Dr. Brandon Ruen, Dr. Zdenko Korunda,
Dr. Nena Korunda, Dr. Scott Fuchs, Michelle Fuchs,
Dr. Vidur Ghantiwala, Dhruvi Shah



Virtual Wine Pull

Online Fundraiser

Register Now - Nov. 14th

ccmsfoundation.org or call (239) 435-7727

Join us to support scholarships to future medical professionals and funding for local healthcare programs in need.



EVERY ENTRY wins a bottle from Three60 Wine with their retail value of \$50-\$100

Suggested contribution:
3 entries for \$200
or \$75/entry

Open to the public

Random bottle "pull" takes place digitally and entrants will be notified of their winnings via email

Pick up prizes at Three60 Wine
8100 Trail Blvd, Naples
between Nov. 18-23

**Please note, entry contributions are non-refundable*



About Three60 Wine:

Best wine prices in Southwest Florida
Expansive inventory of over 800 wines
View sample wine inventory at three60wine.net

Presented by:

us Private Wealth Management
U.S. Bank

Edward R. Titcomb, III "Trey"

Managing Director | Senior Vice President | Private Wealth Advisor Consultant
239.566.0806 | Trey.Titcomb@usbank.com

The Foundation of Collier County Medical Society, Inc. is a 501(c) (3) organization, State of Florida Registration No. CH38165. Tax ID No. 46-1391700. (A copy of the official registration and financial information may be obtained from the division of consumer services by calling toll-free 1-800-435-7352. Registration does not imply endorsement, approval or recommendation by the state.)

Register at ccmsfoundation.org or call (239) 435-7727

THE FORUM

Rebekah Bernard, M.D., Editor
George Brinnig, M.D., Associate Editor
88 12th St N, Unit 200
Naples, Florida 34102
Ph. 239-435-7727
Fax 239-435-7790
E-mail info@ccmsonline.org
www.ccmsonline.org

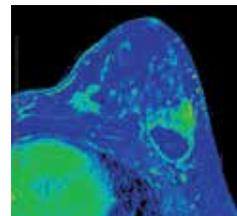
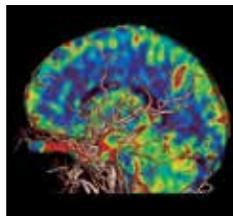
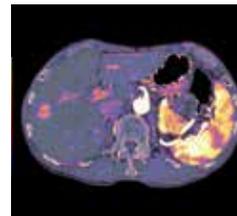
PRSR STD
US POSTAGE PAID
FORT MYERS, FL
PERMIT #177



YOUR TRUSTED PARTNER FOR REFERRALS



- Committed to Providing Exceptional Care
- 9 Locations To Meet Every Patient's Needs
- Proud Member of the CCMS
- Proud Partner with NCH
- Interpretations By Local Specialized Radiologists
- Cutting Edge Imaging Technology
- AI-Powered 640-Slice CT with Lowest Dose in SW Florida
- 3T MRI with Shortest Scan Times
- Ambient Experience Philips MRI
- Mammogram, Breast MRI and Breast Biopsy
- Bone Density/DEXA Scans
- Ultrasound, PET Scans, X-Ray and MORE!



Refer Your Patients To Us and Experience the Difference
239-624-4443 • ProScanFlorida.com