



Pamela Hughes, D.O.
Functional Medicine Specialist, ABFM Certified

February 6, 2019

Dear Patients, Friends and Family of the Hughes Center for Functional Medicine,

It is with mixed emotions that I write this letter to inform you of my personal plans as well as the future of the Hughes Center for Functional Medicine. Since acquiring the practice from Dr. David Perlmutter in 2015, I have had the honor of getting to know each of you, and have enjoyed working with you on your health journey. It has been a pleasure and my priority to focus on your health and well-being, and I am proud of what you have accomplished.

That being said, I continue to work toward finding a balance personally in my love for practicing functional medicine, my own health, and my family commitments. Many prayers and discernment have led me to realize I must prioritize my own wellness and time with my family, so I've made the difficult decision to step away from patient care and leading the Hughes Center for Functional Medicine.

Over the next few months, I will transition out of my current clinical practice and role as medical director. Later this spring, I will be relocating out of state with my family. My goal is to make this transition as smooth as possible for all of you.

A small Naples-based company will acquire the Hughes Center for Functional Medicine. Its mission is one that aligns with our clinic. Other than my departure, the Hughes Center for Functional Medicine will remain the same. The practice will retain all medical records on the current Electronic Health Records (EHR) system, utilize the same patient portal, retain the supplements, and keep the hyperbaric oxygen chambers and the IV infusion room. All of the staff members you have come to know, your partners in your health care journey, will be staying with the practice.

So what can you expect as a patient? Dr. Carol Roberts, who has an extensive history working with patients in functional medicine, will serve as the Center's medical director, ensuing



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continuity for the practice. We also have a new functional medicine physician, Dr. Eduardo Maristany, who will join the practice May 1, 2019. Dr. Maristany is certified through the Institute of Functional Medicine and I believe he mirrors me in knowledge, energy and my approach to caring for patients with complex medical conditions.

For those of you who have appointments scheduled after my departure, the office will seamlessly transition you to Dr. Maristany, or you may elect to begin seeing Dr. Roberts. Our office staff is available to determine the best fit during this transition. I will be consulting with the company and physicians for continuity questions and complicated cases. I am confident that Dr. Maristany, Dr. Roberts and our entire team will continue delivering the high level of care that has become a hallmark of the Hughes Center for Functional Medicine.

Please know this was not an easy decision and I leave with a heavy heart for my patients and dedicated staff. I feel blessed to have been part of each of your lives. It has been my honor to participate in your health care journey and I cherish the wisdom and joy you have brought to my life. I wish you all the best in your health and future and look forward to seeing you before my departure, which I anticipate around the end of May.

Should you have any questions please contact the Hughes Center for Functional Medicine at 239-649-7400.

Be Well and God Bless,

Pamela Hughes, D.O.